



Inspir=Ed

Inspired consulting, digital media and online learning solutions & service delivery for the education, health and well being sectors.

June 2010 Newsletter

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Inspir=Ed in the NT & NSW Teachers Federation

by Jane Hanckel

In May I met with the women from Boroloola, in South-East Arnhem land, who expressed a desire to record their work with mothers and children through the Inspir=Ed program and the Strong Women, Strong Babies, Strong Culture program. The program involves taking the women out bush collecting bush medicine and food along with learning traditional ways of preparing food and medicines.

Violet Hammer, a Garrawa Boroloola elder spoke of the urgent need to have a filmed record the women elders working

with the young mothers and children. It is a danger that this knowledge will be lost. There are four language groups in Boroloola and a strong culture connecting them with the land. A camp to take the young women and children outback to teach them the traditional skills was proposed.

Following the NT meeting I showcased the Inspir=Ed work at the NSW Teachers Federation Annual Aboriginal Conference. Over 108 Aboriginal teachers from across NSW came to share and reflect on Aboriginal Education 25 years - A Way Forward.

Inspir=Ed - a way forward for Indigenous early childhood education see website for details.



Collaborative Inspir=Ed Program with Playgroup NSW

Inspir=Ed was engaged to offer new choices for 'Connecting Parents and Children through Creativity' at the NSW Playgroup in Sutherland, funded by NSW Families Services.

The group of mothers were interested in new parenting skills to strengthen their confidence. The program successfully introduced new concepts of parent child interaction including the effectiveness of rhythm and repetition in helping with challenging behaviour along with the effectiveness of songs, stories and simple, natural toys to promote independent creative play.

The experiential nature of the program enabled parents to become aware of the importance of calm environments, simple natural toys, shared meals, healthy eating along with creative and imaginative play. Outcomes included increased parent-child bonds.



Providing new parenting skills...

Bunjum Aboriginal Cooperative in Ballina, Northern NSW ran an intensive Inspir=Ed training and workshop program benefitting Aboriginal families and children.

A two day Inspir=Ed workshop set the framework for Indigenous health and early childhood professionals to integrate the skills and knowledge of the program. This was followed by a nine week workshop program co-facilitated by Sonia Davidan, Inspir=Ed Facilitator and Delta Kay, Aboriginal Family Support Coordinator from Bunjum. Outcomes of the program included stronger parent child relationships and increased parenting skills. Parents reported feeling closer to their children, understanding the benefits of healthier eating and the importance of environment and natural materials affecting children's behaviour. see report

Inspir=Ed On-Line Learning

In response to community requests the Inspir=Ed training courses will be available on-line from September 2010. Commencing with the short parent-child facilitator's program, the on-line training programs will enable professionals to access affordable individual course modules that make up the successful Inspir=Ed programs.

Inspir=Ed are partnering with an international digital media organisation to deliver the programs.

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Sonia Davidian leads a circle game at the Jarjum Inspir=Ed program in Ballina

"The Inspir=Ed program covers objectives across social wellbeing, parent education, childhood development, health promotion, employment and training. This unique model is sustainable and strengths based. It is a proven model which makes positive social change for the whole of community."

**Amie Carrington-Cunnen
Community Programs Co-ordinator**

Empowering Parents at Tharawal

Inspir=Ed at Tharawal Aboriginal Corporation

Over 50 families and 80 children have benefited from the Playlinks Inspir=Ed program at the Tharawal Aboriginal Corporation on the outskirts of Campbelltown, Sydney.

Tharawal Aboriginal Corporation services the

Macarthur region which has the second largest Indigenous population in Australia. Campbelltown.

Inspir=Ed partnered with Tharawal's Playlinks Program and Northcott Disability Services to provide the program that has been running over the last two and a half years.

Benefits of the program has been significant changes in behaviour of children as a result of the therapeutic calm environment and the use of all natural materials provided by the program along with shifts towards healthier eating and reduction in sugary drinks for the children.



Strengthening parent-child bonds

The parents and children radiated a calmness and connectedness at the end of the two hour session

**Talk to us! Inspired Digital training & education solutions for your organisation :
Jane Hanckel www.spiritofchildhood.org
jane@spiritofchildhood.org**